



**Get Up, Get Out!**

**“Less screen time,  
more fresh air time”**

## Nature Scavenger Hunt

Give each child or team of kids the task of finding:

- A feather
- Something beginning with S
- Something fluffy
- A white flower
- 3 different leaves
- Something coloured red
- A rock or stone with different colours
- A seed
- Something edible
- A twig with a bend in it
- Something soft
- Something hard
- A daisy
- Something green