

## Mykidstime Family Guide to Limerick



Welcome to the Mykidstime Guide to Limerick. We have put together some suggestions to make your family's visit to Limerick as enjoyable as possible. As parents ourselves, we are delighted to share with you some of the family friendly spots around Limerick city and county!

**The Mykidstime Team**

### Top Ten Things to do in Limerick

1. Visit **Thomond Park Interactive Museum** that showcases the proud history and heritage of Munster Rugby. The Museum contains fantastic interactive displays and touch screens, and an area to test your skills.
2. If you are really lucky get your hands on some tickets for a Munster home game at **Thomond Park**.
3. Experience the most historic tour with your kids at **King John's Castle**, give your kids information about Limerick's history and let the smaller ones have a feel of adventure!
4. Head out with the kids to **Adare Village** to enjoy the heritage, beauty and luxury of this historic village. This Explore the heritage centre, Desmond castle, lovely park, beautiful river walk and fantastic restaurants and shops – it makes a lovely day out.
5. **Curraghchase Forest Park**, Kilcornan. A beautiful forest park which includes arboretum, Wildlife Lake, nature trail, picnic and BBQ area and two children's playgrounds.
6. **Foynes Flying Boat Museum**, Foynes housed in the original Terminal recalls the nostalgic period when it was the centre of the aviation world 1937 1945. Visit the Radio and Weather Rooms—complete with transmitters, receivers and Morse code equipment and of course the only full sized replica B314 flying boat

7. Visit **Lough Gur**, one of Ireland's most important archaeological sites. Humans have lived near Lough Gur since about 3000 BC. Visit the grange stone circle, the dolmen, crannogs, remains of Stone Age houses, or just enjoy the beautiful view, picnic and catch the fish in the lake.
8. Enjoy the fun-filled local banter at the **Limerick Milk Market** from Friday – Sunday. Today the old building with its wide arched entrances is a popular gourmet food and flower market and a hubbub of activity.
9. For those rainy days visit one of our playcentres, watch a movie or go for a swim.
10. Follow the Children’s Treasure Trail at the **Hunt Museum**, a former Custom House with its outstanding display of more than 2,000 items ranging from ancient Irish metalwork a 9<sup>th</sup> century enamel Antrim Cross to Egyptian, Roman and Etruscan pieces, Chinese porcelain, European objects d’art as well as paintings by Irish artists.

## Free Things To Do In Limerick



- Visit the [Field of Dreams](#) Limerick's Animal Sanctuary at Moorestown, Kilfinane. With dogs and puppies, cats and kittens, goats, pot-bellied black pigs, donkeys, ponies and rabbits it is as good as any Pet Farm. Learn about what happens at the Sanctuary and how to be a responsible pet owner. It's open to the public 11am - 3pm Monday to Saturday. Closed Sundays and Bank Holiday Mondays.
- [Libraries](#) What a great way to spend a couple of hours, read the kids stories and even if they can read themselves it's a nice way of having quality time with them. There are pictures to colour, the PCs are usually setup for kids to use child friendly games, and often the libraries have arts and crafts or story telling sessions on.



- Some free indoor options include Limerick City Museum, Limerick City Gallery (should be opening in the Autumn after refurbishment) or the Hunt Museum is free on Sunday between 2 and 5 pm. The Hunt Museum also runs a Free Arts and Crafts club the First Sunday of every month.
- Woodland Walks - the ones we visit are Glenstal Woods, Murroe, Clare Glens and Curragh Chase (small fee to enter there). There are so many walks and trails it would be hard to mention all so check out Coillte, Ballyhoura County and Shannon Regional Trails for more ideas.
- Organise a day trip to different Heritage towns around Limerick and visit the local heritage attractions Adare, Medieval Kilmallock, Foynes, Newcastlewest and Bruree to name but a few.
- There are some great playgrounds (see list below) throughout the Limerick. It's an activity that is both free and good fun! Bring some snacks and drinks or a picnic lunch.

## Where to Stay



*Please mention Mykidstime when Booking*

### **Fitzgerald's Woodlands House Hotel**

Adare

Co. Limerick

Tel: +353 (0)61 605100

Email: [reception@woodlands-hotel.ie](mailto:reception@woodlands-hotel.ie)

Web: [www.woodlands-hotel.ie](http://www.woodlands-hotel.ie)

Situated at the edge of the beautifully, quaint village of Adare, Co. Limerick, The Woodlands House Hotel in Limerick, is owned and managed by the Fitzgerald Family. The hotel features the brand new State-of-the-Art Revas Spa, one of the most popular Spa Hotels in Limerick. Kids camp during summer.

### **Clarion Hotel**

Steamboat Quay

Limerick City

Tel: +353 (0)61 444100

Email: [info@clarionhotellimerick.com](mailto:info@clarionhotellimerick.com)

Web: [www.clarionhotellimerick.com](http://www.clarionhotellimerick.com)

The ship-shaped Clarion Hotel Limerick is one of the finest hotels in Limerick, not only a breathtaking piece of architecture, but it is also Ireland's Tallest Hotel, located on the River Shannon waterfront in Limerick City Centre. 158 Riverside Hotel Bedrooms including 3 Hotel Suites and a Penthouse. At the Clarion Hotel Limerick younger guests are as important as every other guest, with Kids Programme, babysitting service, 12m Swimming Pool, Children's Menu.

### **Castle Oaks House Hotel**

Castleconnell

Co. Limerick

Tel: +353 (0)61 377666

Email: [info@castleoaks.ie](mailto:info@castleoaks.ie)

Web: [www.castleoaks.ie](http://www.castleoaks.ie)

A little 'Piece of Heaven'... set in 26 acres of beautiful countryside on the banks of the River Shannon. Relax in the surroundings of their Georgian Manor House accommodation which has an ambience of old world charm, comfort and spaciousness. Range of leisure & health facilities including - indoor pool, gymnasium, Jacuzzi, sauna, steam room and velvet rooms day spa, tennis courts, children's playground, and seasonal kids club.

### **Greenhills Hotel**

Ennis Road,

Limerick City

Tel: +353 (0)61 453033

Email: [info@greenhillsgroup.com](mailto:info@greenhillsgroup.com)

Web: [www.greenhillsgroup.com](http://www.greenhillsgroup.com)

The superb family run Green hills Hotel in Limerick with Family rooms with all the features of Standard Rooms but are bigger than the standard rooms and can cater for 2 adults and up to 2 children. The Green Hills Kids Club is designed to give parents the opportunity to relax. Dine in Hugh's on the Greene Restaurant or relax in Bryan's bar while they make new friends at the Greenhill's Kids Club.

## Where to Eat



There are times when a quick trip to a fast food joint hits the spot and there are other times and occasions to be marked with a fun family meal out. In our opinion, a family-friendly restaurant should have an imaginative children's menu, plenty of high chairs, colouring materials and changing areas for babies. Here is a selection of child-friendly eateries in Limerick.

- Italian Restaurants in Limerick Bella Italia on Thomas Street, Piccola Italia O Connell Street, La Cucina in Castletroy, Milano's Harvey's Quay and Ristotante Del Arte Crescent Shopping Centre.
- Cornstore Thomas Street, locally source food, children's menu with proper food and colouring pages for the children.
- Chocolat Restaurant Limerick, Fusion food with something to suit everyone's taste. Great value for money. One of Limerick's favorite restaurants.
- Hampton Grill, Savoy Hotel. A visiting Mykidstime parent review "Very child friendly, a bottle of dilute was served to the children straight away, colouring books and crayons. Children's menu had steak, scampi and other very good choices. And the price was very reasonable"
- If you fancy **fast food**, then Limerick City and the Crescent shopping centre has a branch of Eddie Rockets, McDonalds and a Supermacs.
- In Adare village there is an abundance of fantastic restaurants, one and good as the next, with different price ranges to suit everybody's pocket.

## Playgrounds



There are some great playgrounds around Limerick:

- People's Park – Pery Square, Limerick City Centre
- O' Brien's Park - Clare Street Limerick
- Castletroy Skate board Park and Playground
- Castleconnell
- Curraghchase playgrounds, BBQ, walks and more
- Kilmallock
- Newcastle West
- Abbeyfeale town Park
- Foynes playground
- Glin Playground

## Even More Ideas

- Go racing. Limerick boasts a fine racecourse in Patrickswell and visit our new Greyhound track in Greenpark, Dock road , check if there are any Race Meetings coming up. Both venues regularly hold family-friendly days, with free admission for children and entertainment.
- Go for a swim. In addition to private pool facilities that are available in many hotels and gymnasiums, there are some pay-as-you-go swimming facilities in : Grove Island Leisure Centre Corbally, Asketon Coral Leisure Centre and at the University Arena 50m swimming pool.
- Catch a movie. There are two cinema complexes in Limerick: the Omiplex in Crescent Shopping Centre and Storm Cinema in Castletroy Shopping Centre. Check local papers for film listings. Oh, and the popcorn is compulsory!
- Visit a soft play centre. There are several facilities to choose from, including Tons of Fun in Eastway Business Park, Delta Adventure City in Delta Retail Park, Formula for Fun, Rhebogue Road and Snakes and Ladders in Fun World Ennis Road



- Visit our new Roller skating dome Rollerjam City East Business Park
- Go Bowling in Fun World on Ennis Road
- For the older children – go karting in Delta Karting Delta Retail Park, National Karting Centre, Corbally or Kilkornan Outdoor track.

## Shopping



Shops that the kids will enjoy a browse in include:

- Eason in Limerick city which has a separate children's section with tables and chairs
- O'Mahony's Book store, a separate children's section with books, arts and crafts and more.
- The Art & Hobby Shop, Crescent Shopping centre, has an interesting range of arts and crafts products, toys and children's products.
- Smyths has a huge and well-stocked toy and nursery shop in Jetland Retail park and Childers Road.
- World of Wonder – Dublin Road Limerick

## Other Useful Information

### ***Where can we park?***

Many towns and villages have parking restrictions in operation. Make sure to check whether there is a disc parking or pay and display parking wherever you intend to leave your car. Failure to comply can result in heavy fines or your car being towed. Some car parks are for short-term use and some are for long-term use. Always read the signs!

There are some free car parks available, for example: Crescent Shopping Centre, Jetland Shopping Centre and Childers Road Retail Park. There are also plenty pay-as-you-go multi-storey car parking facilities Limerick City.



### ***Where can we change baby?***

You can change baby in these places:

- Crescent shopping Centre, Jetland Shopping Centre and Arthurs quay shopping Arcade all have baby changing facilities
- Debenhams, O'Connell Street, City Centre
- McDonald's, Cruises Street
- All major family friendly restaurants
- Most hotels provide a changing area
- Adare Heritage Centre.

We hope that you found this Visitor Guide to Limerick to be useful. For further information, visit Limerick Mykidstime at [www.mykidstime.ie](http://www.mykidstime.ie) or email [limerick@mykidstime.ie](mailto:limerick@mykidstime.ie)