



Get Up, Get Out!

**“Less screen time,
more fresh air time”**

Sound Scavenger Hunt

Ask each child or team of kids to see how many of these they can hear:

- Bird singing
- Twig cracking
- Leaves rustling
- Wind blowing
- Sound of water
- Bee buzzing
- Another insect noise
- An animal noise

**coillte
OUTDOORS**

