

Route 1



Salthill Family Trails

The Route — — —

Leave car park and turn left towards diving boards. Pass slip with round viewing tower, ladies beach, kick the wall at the end of the prom. Kicking the Wall - Is a tradition from the 1930's - it means that you have completed the walk when you kick the wall - others say that the kick is because they were frustrated the walk ended and the walkers took it out on the wall with a little kick. There is a tap here to fill water bottles. Also look out for the green ear beside the mini roundabout at the bottom of threadneedle road. call the number given and you will hear some local history of blackrock. Turn left and take path along behind the golf course follow right to the end where you can come back onto the main road beside the caravan park.

On a fine day this walk gives you great views to Co Clare and the Burren. As you come to the end of the path behind the Galway golf club, there is a great view to Silver Strand. Path along here is completely free of traffic so very safe for younger kids to have a run about.

All facilities, except public toilets and Spinnaker House Hotel are on the opposite side of road. Crossings at Mocha Beans and Leisureland.

Shops

- O'Farrells XL Stop and Shop at the Emo petrol station.
- KC Blakes where you can pick up dinner for the evening.
- Confectionery shop in Leisureland.

Places to eat

- Lohans Café Bar Restaurant 091 522696 www.lohans.ie
- Mocha Beans and Mauds Ice Cream.
- Coco Café.
- BB's coffee and muffins in Leisureland, has a great soft play section
- Galway Bay Hotel www.galwaybayhotel.com
Tel: 091 520520

- Salthill Hotel www.salthillhotel.com
Tel: 091 522711 or 522448
- Spinnaker House Hotel www.spinnakerhousehotel.com
Tel: 091 525425 or 526788

Toilets

Public toilets:

- Beside Car Park – baby changing and wheelchair
- Beside Ladies Beach – baby changing and wheelchair accessible
- At the end of the prom near the diving tower in Blackrock – baby changing and wheelchair

For use by patrons:

- Lohans – with baby changing
- Mocha Beans
- Coco Café – with baby changing
- Leisureland – with baby changing
- Galway Bay Hotel – with baby changing
- Salthill Hotel – with baby changing
- Spinnaker House Hotel – with baby changing

Activities

- **Beach** – great variety from sandy at the Ladies Beach to rocky near and behind the diving tower with rockpools at the end of the walk
- **Salthill Park** with Bandstand
- **Quinncentennial Park** with time capsule and pond with bridge, seats and paths through trees

Rainy Days

Leisureland Tel: 091 521455 www.leisureland.ie

Parking

www.mykidstime.ie
Online local listings for kids activities, classes, events and services

www.mykidstime.ie



Salthill Family Trails

The Route

Leave car park and turn right. Look out for the green ear on the lamppost beside seapoint, call the number given for some local history. Follow prom around past chess boards and around the corner to Grattan Beach. Continue to Mutton Island and walk along the causeway to entrance for island. Get the history of the island here: <http://homepage.eircom.net/%7Ecladdaghns/lighthouse.htm>

All facilities are on opposite side of road. Pedestrian Crossings at Seapoint Leisure and beyond Playground opposite Galway Business School

Shops

Lighthouse gift shop in the Atlantaquaria
– Great for icecream

Places to eat

- Arabica at the Atlantaquaria
- Royal Villa chinese restaurant above the Atlantaquaria 091 580131
- Zone Café – within Galway Business School

Toilets

Public toilets:

Beside Car Park – with baby changing and wheelchair accessible

For use by patrons:

Atlantaquaria / Arabica – with baby changing
Zone Café

Activities

- Bring along your chess pieces and enjoy a game at the special tables opposite the tourist office.
- Beach walk along Grattan Beach: this is a great beach with sand and rock pools at low tide.
- Mutton Island Lighthouse is currently under restoration and when it is complete it will be accessible for visits (weather dependant).

On opposite side of the road

- See the fish swimming in the pool outside the Atlantaquaria
- Playground
- Picnic tables and flat place to skate just as you cross at the lights near Galway Business School

Rainy Days

Atlantaquaria

Parking

Route 3



Salthill Family Trails

The Route

Leave the prom behind and discover Pearse Stadium. Depending on the length of walk you want there are several routes.

Leave car park and cross at lights near Bailey Point. Continue right and take a stroll through upper Salthill. Turn left at Christ the King Church beside the Bank of Ireland, Monksfield Road. Go to end of road and take alleyway this will bring you out to Oaklands. Go left and follow road up the hill. At Dalysfort Road go right and take next left, Ard na Mara, beside Hollands Shop. Come out on Rockbarton Road and you will see the back of Pearse Stadium just to your left on the opposite side of the road.

*Follow the road past the stadium up to Dr Mannix Road here you can go left and past the stadium to Threadneedle Road turn left and continue back to prom. OR you can cross at the pedestrian lights and go to the park behind Scoil Einde. There are some benches for sitting and a picnic bench.

Alternatively you can take Rockbarton Road behind the stadium to the back of the main stand. Follow road to Rockbarton Park and turn left. At end of road go left into Reevagh Road and then right towards prom. You can enter Quinncentennial Park here. Inside you will find a pond with bridge, great paths for hide and seek and a giant stone commemorating Galway's 500th year with a time capsule buried beneath.

Shops



- O'Leary's Londis (next to Seapoint)
- O'Connors Centra
- Mullins Late Night Pharmacy
- Fancy Fare Spar
- Salthill Pharmacy
- Holland's Shop on Dalysfort Road – 7.30am – 10pm

Places to eat



- Lohans Café Bar Restaurant 091 522696 www.lohans.ie
- Salt n' Pepper
- Supermacs
- Galleon Restaurant 091 533693
- Da Roberta Pizzeria and L'Osteria 091 585808
- Subway Sandwich Bar
- Salthill Hotel 091 522711 or 522448 www.salthillhotel.com
- Galway Bay Hotel 091 520520 www.galwaybayhotel.com
- BB's coffee and muffins in Leisureland, has a great soft play section
- Coco Café
- Mocha Beans Coffee Shop and Mauds Icecream

Toilets



Public toilets:

- Beside Car Park – baby changing and wheelchair
- Beside Ladies Beach – baby changing and wheelchair accessible

For use by patrons:

- Lohans – with baby changing
- Holiday Hotel
- Supermacs
- Galleon – with baby changing
- Anno Santo
- Salthill Hotel – with baby changing
- Galway Bay Hotel – with baby changing
- Leisureland – with baby changing
- Coco Café – with baby changing
- Mocha Beans

Activities



- Pearse Stadium
- Park behind Scoil Einde
- Quinncentennial Park
- Salthill Park with bandstand

Rainy Days

- Leisureland
- Seapoint Leisure